SUNDAY

6-7PM Some are Sicker than Others, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

6:30-7:30PM POET, Rosecrance, Speaker third Sunday (No purses or bags can be brought in), 2302 Moreland Blvd, Champaign, Illinois, 61822 **(O,To,ENG,SD)**

MONDAY

N00N-1PM Keep It Simple, CU At Home, Park in back, 309 S. Neil, Champaign, Illinois, 61820 (O,D,ENG)
6-7PM Mon. Nite Madness, Step Recovery, 2500
Georgetown Road, Danville, Illinois, 61832 (O,ENG)
7-8PM Living Clean, McKinley Foundation, 809 S 5th Street, Champaign, Illinois, 61820 (O,BK,ENG,BT,LC)

TUESDAY

9-10AM Recovery in the AM, 312 E Bradley Ave, Champaign, Illinois, 61820 (JT,O,NS,ENG)
10-11AM Sowing the Seed, Step Recovery, 2500
Georgetown Road, Danville, Illinois, 61832 (C,ENG)
N00N-1PM POET, CU at Home (park in Back), 309 S.

Neil, Champaign, Illinois, 61820 (O,To,ENG)

7-8PM Surrender is Freedom, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

8-9:15PM No More Excuses, 102 N State St, Champaign, Illinois, 61820 **(O,BK,ENG,BT)**

WEDNESDAY

NOON-1PM Keep It Simple, CU At Home, Park in back, 309 S. Neil St., Champaign, Illinois, 61820 (O,D,ENG)

5:30-6:30PM Onward on the journey, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

6-7PM The Tuscola Meeting, Rise Building, 301 S. Washington St, Tuscola, Illinois, 61953 **(C,ENG)**

6:30-8PM Principles Before Personalities, Salt and Light, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,ENG)**

THURSDAY

10-11AM Step Study Meeting, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 (O,ENG)
N00N-1PM POET, CU at Home (park in back), 309 S.
Neil, Champaign, Illinois, 61820 (O,To,ENG)
7-8PM Leaerning to Live Clean, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 (O,BK,ENG)
8-9:15PM In From the Storm. St. John the Divine

Annex, Meditation Meeting, 1011 S Wright St, Champaign, Illinois, 61820 (CL,O,BK,ENG,ME)

FRIDAY

NOON-1PM Keep it Simple, CU At Home, Park in back, 309 S Neil St, Champaign, Illinois, 61820 (O,To,ENG) 6-7PM From Desperation to Passion, 206 N Market St, Ogden, Illinois, 61859 (O,ENG)

7-8PM It's OK to be Clean, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 (O,ENG) 8-9:15PM Fresh Start Fresh Aire, St. John the Divine Annex, 1011 S Wright St, Champaign, Illinois, 61820 (CL,O,BK,ENG,BT)

SATURDAY

10-11AM Up with Hope, Down with Dope, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

NOON-1PM For Addicts in Recovery (FAIR), Webber St. Church, Door Code 3832#, 107 S. Webber St., Urbana, Illinois, 61802 (O,D,ENG)

6:30-8PM Principles Before Personalities, Salt and Light, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,ENG) 7-8PM Slice of Life**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

MEETING FORMAT LEGEND			
BK	Book Study	BT	Basic Text
С	Closed	CL	Candlelight
D	Discussion	ENG	English speaking
JT	Just for Today	LC	Living Clean
ME	Meditation	NS	No Smoking
0	Open	SD	Speaker/Discussion
То	Topic		

Twelve Steps of Narcotics Anonymous

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

PHONE NUMBERS	PHONE NUMBERS
THORE NOTICE	THORE NOTIBERS
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PRIMARY PURPOSE AREA MEETING LIST APRIL 2024

24 HOUR HELPLINE

(800) 539-0475

PO Box 1332 Champaign, IL 61824-1332

https://ppana.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK, IT WORKS

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

Basic Text, page 65

Our Gratitude Speaks

When We Care and

Share with Others the NA Way!

Meetings Weekly: 26