

## SUNDAY

**1-2PM Recovery And Progress (RAP)**, Salt and Light, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,NS,ENG)**

**2-3PM Back to the Basics**, 206 South 1st Ave., Hoopeston, Illinois, 60942

**6-7PM Some are Sicker than Others**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**6:30-7:30PM POET**, First Wesleyen Church, 408 East Illinois Street, Urbana, Illinois, 61801 **(O,To,ENG,SD)**

## MONDAY

**NOON-1PM Keep It Simple**, CU At Home, Park in back, 309 S. Neil, Champaign, Illinois, 61820 **(O,D,ENG)**

**6-7PM Mon. Nite Madness**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**7-8PM Living Clean**, McKinley Foundation, 809 S 5th Street, Champaign, Illinois, 61820 **(O,BK,NS,ENG,BT,LC)**

## TUESDAY

**9-10AM Recovery in the AM**, 312 E Bradley Ave, Champaign, Illinois, 61820 **(JT,O,NS,ENG)**

**10-11AM Sowing the Seed**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(C,ENG)**

**NOON-1PM POET**, CU at Home (park in Back), 309 S. Neil, Champaign, Illinois, 61820 **(O,To,ENG)**

**6:30-7:30PM Sisters in Recovery**, 102 N State St, Champaign, Illinois, 61820 **(O,BT,W)**

<https://us02web.zoom.us/j/83630263662?pwd=T0pNMZlZlZkV3R2tEU2M5dHJVaWZmQT09>

**7-8PM Serenity**, 2500 Gerogetown RD., Danville, Illinois, 61832 **(O)**

**7-8PM Surrender is Freedom**, Frist Presbyterian Church, Offices doors off Payne AVE., 100 N. Franklin St, Danville, Illinois, 61832 **(O,ENG,CS)**

**8-9:15PM No More Excuses**, 102 N State St, Champaign, Illinois, 61820 **(O,BK,ENG,BT)**

## WEDNESDAY

**NOON-1PM Keep It Simple**, CU At Home, Park in back, 309 S. Neil St., Champaign, Illinois, 61820 **(O,D,ENG)**

**5-6PM Mid-week Retreat**, 206 South 1st Ave., Hoopeston, Illinois, 60942 **(O)**

**6-7PM Onward on the journey**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**6-7PM The Tuscola Meeting**, Rise Building, 301 S. Washington St, Tuscola, Illinois, 61953 **(C,ENG)**

**6:30-8PM Principles Before Personalities**, Salt and Light, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,ENG)**

## THURSDAY

**10-11AM Step Study Meeting**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**NOON-1PM POET**, CU at Home (park in back), 309 S. Neil, Champaign, Illinois, 61820 **(O,To,ENG)**

**7-8PM Every Rose Has Its Thorn**, 2500 Gergetown RD., Danville, Illinois, 61832 **(O)**

**7-8PM Learning to Live Clean**, Frist Presbyterian Church, Offices doors off Payne AVE., 100 N. Franklin St, Danville, Illinois, 61832 **(O,BK,ENG,CS)**

**8-9:15PM In From the Storm**, St. John the Divine Annex, Meditation Meeting, 1011 S Wright St, Champaign, Illinois, 61820 **(CL,O,BK,ENG,ME)**

## FRIDAY

**NOON-1PM Keep it Simple**, CU At Home, Park in back, 309 S Neil St, Champaign, Illinois, 61820 **(O,To,ENG)**

**6-7PM From Desperation to Passion**, 206 N Market St, Ogden, Illinois, 61859 **(O,D,BK,ENG,Tr,CS)**

**7-8PM It's OK to be Clean**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**8-9:15PM Fresh Start Fresh Aire**, St. John the Divine Annex, 1011 S Wright St, Champaign, Illinois, 61820 **(CL,O,BK,ENG,BT)**

## SATURDAY

**10-11AM Up with Hope, Down with Dope**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**NOON-1PM For Addicts in Recovery (FAIR)**, Webber St. Church, 107 S. Webber St., Urbana, Illinois, 61802 **(O,D,ENG)**

**6:30-8PM Principles Before Personalities**, Salt and Light, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,ENG)**

**7-8PM Slice of Life**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

## MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
C	Closed	CL	Candlelight
CS	Children under Supervision	D	Discussion
ENG	English speaking	JT	Just for Today
LC	Living Clean	ME	Meditation
NS	No Smoking	O	Open
SD	Speaker/Discussion	To	Topic
Tr	Tradition	W	Women

## Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

