

## SUNDAY

**1-2PM Recovery And Progress**, Building Between Walgreens & BP, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,ENG)**

**2-3PM Back to the Basics**, Multi Agency Service Center Inc, 206 South 1st Ave., Hoopeston, Illinois, 60942 **(O)**

**6-7PM Some are Sicker than Others**, Step Recovery, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**6:30-7:30PM POET**, Rising Hope Church, 408 E. Illinois ST, Urbana, Illinois, 61801 **(O,To,ENG,SD)**

## MONDAY

**NOON-1PM Keep It Simple**, Salem Baptist Church, 500 E. Park ST, Champaign, Illinois, 61820 **(O,D,ENG)**

**6-7PM Mon. Nite Madness**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**7-8PM Living Clean**, McKinley Foundation, 809 S 5th Street, Champaign, Illinois, 61820 **(O,BK,ENG,BT,LC)**

## TUESDAY

**9-10AM Recovery in the AM**, 312 E Bradley AVE., Champaign, Illinois, 61820 **(JT,O,ENG)**

**10-11AM Sowing the Seed**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**NOON-1PM Keep It Simple**, Salem Baptist Church, 500 E. Park ST, Champaign, Illinois, 61820 **(O,D,ENG)**

**5:30-6:30PM Serenity**, 2500 Georgetown RD., Danville, Illinois, 61832 **(O,ENG)**

**6:30-7:30PM Just Breath**, Serenity Shack, 117 N. Ohio St., Rantoul, IL, 61866 **(JT,O,ENG)**

**6:30-7:30PM Sisters in Recovery**, Episcopal Church, Park in back off W. Park AVE, 208 W. University AVE, Champaign, Illinois, 61820 **(O,ENG,BT,W)**

**7-8PM Surrender is Freedom**, Frist Presbyterian Church, 100 N. Franklin St, Danville, Illinois, 61832 **(O,ENG,CS)**

**8-9:15PM No More Excuses**, 208 W. University AVE, Champaign, Illinois, 61820 **(O,BK,ENG,BT)**

## WEDNESDAY

**NOON-1PM Keep It Simple**, 500 E. Park ST, Champaign, Illinois, 61820 **(O,D,ENG)**

**5-6PM Mid-week Retreat**, 206 South 1st Ave., Hoopeston, Illinois, 60942 **(O,ENG)**

**6-7PM Onward on the Journey**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**6:30-8PM Principles Before Personalities**, 1819 S. Philo Rd., Urbana, Illinois, 61820 **(O,ENG)**

## THURSDAY

**10-11AM Step Study Meeting**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**NOON-1PM Keep It Simple**, Salem Baptist Church, 500 E. Park ST, Champaign, Illinois, 61820 **(O,D,ENG)**

**7-8PM Every Rose Has Its Thorn**, Step Recovery, 2500 Georgetown RD., Danville, Illinois, 61832 **(O,ENG)**

**7-8PM Learning to Live Clean**, 100 N. Franklin St, Danville, Illinois, 61832 **(O,BK,ENG,CS)**

**8-9:15PM In From the Storm**, St. John the Divine Annex, Meditation Meeting, 1011 S Wright St, Champaign, Illinois, 61820 **(CL,O,BK,ENG,ME)**

## FRIDAY

**10-11AM Just Breath Women's**, Serenity Shack, 117 N. Ohio St., Rantoul, IL, 61866 **(JT,ENG,W)**

**NOON-1PM Keep it Simple**, 500 E. Park ST, Champaign, Illinois, 61820 **(O,To,ENG)**

**6-7PM From Desperation to Passion**, Church of The Nazarene, 206 N Market St, Ogden, Illinois, 61859 **(O,D,BK,ENG,Tr,CS)**

**7-8PM It's OK to be Clean**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**8-9:15PM Fresh Start Fresh Aire**, 1011 S Wright St, Champaign, Illinois, 61820 **(CL,O,BK,ENG,BT)**

## SATURDAY

**10-11AM Up with Hope, Down with Dope**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**NOON-1PM For Addicts in Recovery**, Webber St. Church, 107 S. Webber St., Urbana, Illinois, 61802 **(O,D,ENG)**

**6:30-8PM Principles Before Personalities**, 1819 S. Philo Rd., Urbana, Illinois, 61801 **(O,ENG)**

**7-8PM Slice of Life**, 2500 Georgetown Road, Danville, Illinois, 61832 **(O,ENG)**

**9-10:15PM Saturday Night Live**, Community United Church of Christ, 805 S 6th Street, Champaign, Illinois, 61820 **(O,ENG)**

## Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

## MEETING FORMAT LEGEND

|    |                    |     |                            |
|----|--------------------|-----|----------------------------|
| BK | Book Study         | BT  | Basic Text                 |
| CL | Candlelight        | CS  | Children under Supervision |
| D  | Discussion         | ENG | English speaking           |
| JT | Just for Today     | LC  | Living Clean               |
| ME | Meditation         | O   | Open                       |
| SD | Speaker/Discussion | To  | Topic                      |
| Tr | Tradition          | W   | Women                      |

**PHONE NUMBERS**

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**PRIMARY PURPOSE AREA**

**MEETING LIST**

**JULY 2025**

**24 HOUR HELPLINE**

**(800) 539-0475**

PO Box 1332  
Champaign, IL 61821-1332

**Area Service Committee Meeting**

Every 3rd Monday @ 5:00pm  
408 E. Illinois ST, Urbana, Illinois

**<https://ppana.org>**

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
**Ask your Higher Power** to keep you clean  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**  
**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 34

**What is our message?**

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.

Our message is hope  
and the promise of freedom.

*Basic Text, page 65*

**Our Gratitude Speaks**

**When We Care and**

**Share with Others the NA Way!**