

SUNDAY

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

1-2PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

7-8PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

MONDAY

NOON-1PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

6-7PM Just For Today, 120 S. McArthur St, Macomb, Illinois, 61455 (O)

6-7PM NA Meeting, Wesley United Methodist Church, 120 N Ave A, Canton, Illinois, 61520 (O)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

7-8PM Monday Night Raw, St. Paul's Episcopal Church, 3601 N North Street, Peoria, Illinois, 61604 (C)

7-8PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

TUESDAY

9-10AM NA Meeting, Wesley United Methodist Church, 120 N Ave A, Canton, Illinois, 61520 (O)

NOON-1PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

6-7PM Just For Today, 315 N Sherman Ave, Macomb, Illinois, 61455 (O,WC)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

6-7PM Recovery Is Possible, 222 South Main St, Lewistown, IL, 61542

6:30-7:30PM Hope On The Hill, 349 Velde St, Creve Coeur, IL, 61610

7-8PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

WEDNESDAY

NOON-1PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

6-7PM Just For Today, 120 S. McArthur St, Macomb, Illinois, 61455 (O)

6-7PM NA Meeting, Wesley United Methodist Church, 120 N Ave A, Canton, Illinois, 61520 (O)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

7-8PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

THURSDAY

NOON-1PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

6-7PM Just For Today, 315 N Sherman Ave, Macomb, Illinois, 61455 (O,WC)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

7-8PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

FRIDAY

9-10AM NA Meeting, Wesley United Methodist Church, 120 N Ave A, Canton, Illinois, 61520 (O)

NOON-1PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

6-7PM Just For Today, 315 N Sherman Ave, Macomb, Illinois, 61455 (O,WC)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

7-8PM Friday Night Live, 3117 N Avalon Pl, Peoria, Illinois, 61604 (O,St)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

9-10PM NA After Dark, Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (CL,O)

SATURDAY

NOON-1PM Just For Today, 315 N Sherman Ave, Macomb, Illinois, 61455 (O,WC)

NOON-1PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

NOON-1PM Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (O)

6-7PM NA Meeting, Wesley United Methodist Church, 120 N Ave A, Canton, Illinois, 61520 (O)

6-7PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (C)

8-9PM New Attitudes, Armory, Enter door on the left, meeting room on main floor, 149 N Broad Street, Galesburg, Illinois, 61401 (O)

9-10PM Saturday Night Live (LGBT), Sanity, 1220 E McClure Ave, Peoria, Illinois, 61603 (CL,GL,O)

MEETING FORMAT LEGEND

C	Closed	CL	Candlelight
GL	Gay/Lesbian/Transgender	O	Open
St	Step	WC	Wheelchair

Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His



MARCH 2025

24 HOUR HELPLINE
(800) 539-0475

<https://heartofillinoisna.org>

HEART OF ILLINOIS AREA

MEETING LIST

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 50