SUNDAY

- **6-7PM A Simple Way**, First Pentecostal Church of Nokomis, 219 North Oak St., Nokomis, Illinois, 62075 (JT,O,WC,RF)
- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

MONDAY

- 8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (**JT,O**)
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**
- **7-8PM New Beginnings**, Grace United Methodist Church, Side door, 400 W. Morgan St., Jacksonville, IL, 62650 (IT,O,NS)
- **7-8:30PM The Ties that Bind**, Harvard Park Baptist Church, Basement, 2401 S. 9th St., Springfield, IL, 62703 **(O,WC)**

TUESDAY

- 8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- N00N-12:30PM Just for Tuesday, Springfield, Illinois, (JT,VM,WEB)
- https://us04web.zoom.us/j/73059483134?pwd=boT3CVTH3j LAURbxNaMXady95Wufbk.1
- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **6-7PM FIRE**, First Christian Church, 101 N. Church St., Virden, IL, 62690
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**
- **7-8PM New Beginnings**, Grace United Methodist Church, Side door, 400 W. Morgan St., Jacksonville, IL, 62650 **(O,NS,LC)**
- 7:30-8:30PM Addicts Helping Addicts Group, Pawnee Food Pantry, 704 7th St., Pawnee, IL, 62558 (O,WC,RF)

WEDNESDAY

- 8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- NOON-1:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 (O,WC,SPAD)

- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

THURSDAY

- **8:30-9:30AM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (**JT,O**)
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**
- **7-8PM Free to Be Me Group (Best HG in USA)**, Masks required for in-person meeting, 2450 Taylor Ave., Springfield, IL, 62703 **(O,WC,HY)** https://us04web.zoom.us/j/3409381599

FRIDAY

- 8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- **6-7PM Free to be Me Group**, Harvard Park Baptist Church, Basement, 2401 S. 9th St., Springfield, IL, 62703 (**O,WC**)
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL. 62702 **(O.WC)**
- **7-8PM New Beginnings**, Grace United Methodist Church, Side door, 400 W. Morgan St., Jacksonville, IL, 62650 **(CL,JT,O,NS)**

SATURDAY

- **8:30-9:30AM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (JT,O)
- NOON-1:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 (O,WC,RF)
- **6-7PM A Way Out**, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States (**JT,O**)
- **7-8:15PM 217 Group**, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

MEETING FORMAT LEGEND						
CL	Candlelight	HY	Hybrid Meeting			
JT	Just for Today	LC	Living Clean			
NS	No Smoking	0	Open			
RF	Rotating Format	SPAD	A Spiritual Principle a Day			

/M	Virtual Meeting	WC	Wheelchair
NEB	Online Meeting		

Twolve Stone of Navastics Ananymous	PHONE NUMBERS	PHONE NUMBERS
Twelve Steps of Narcotics Anonymous	FIIONE NOMBERS	FIIONE NOMBERS
1. We admitted that we were		
powerless over our addiction, that our		
lives had become unmanageable.		
2. We came to believe that a Power		
greater than ourselves could restore		
us to sanity.		
3. We made a decision to turn our will		
and our lives over to the care of God		
as we understood Him.	_	
4. We made a searching and fearless		
moral inventory of ourselves.		
5. We admitted to God, to ourselves,		
and to another human being the exact		
nature of our wrongs.		
6. We were entirely ready to have God		
remove all these defects of character.		
7. We humbly asked Him to remove		
our shortcomings.		
8. We made a list of all persons we	-	
had harmed, and became willing to make amends to them all.		
9. We made direct amends to such		
people wherever possible, except _		
when to do so would injure them or	·	
others.		
10. We continued to take personal		
inventory and when we were wrong -		
promptly admitted it.		
11. We sought through prayer and		
meditation to improve our conscious		
contact with God as we understood		
Him, praying only for knowledge of His		
will for us and the power to carry that		
out.	_ What is our message?	
12. Having had a spiritual awakening	The message is that an addict,	
as a result of these steps, we tried to	any addict, can stop using drugs, lose the desire to use,	
carry this message to addicts, and to	and find a new way to live.	
practice these principles in all our	Our message is hope	
affairs.	and the promise of freedom.	

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LIVING THE DREAM AREA **MEETING LIST**

NOVEMBER 2025

24 HOUR HELPLINE (800) 539-0475

https://ltdana.org

For other meetings outside of our area, see our regional website and directory at https://illinoisna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days **Read NA literature daily** Get and use a sponsor Use the PHONE **KEEP COMING BACK. IT WORKS**

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