

SUNDAY

6-7PM A Simple Way, First Pentecostal Church of Nokomis, 219 North Oak St., Nokomis, Illinois, 62075 **(JT,O,WC,RF)**

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

MONDAY

8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

7-8PM New Beginnings, Grace United Methodist Church, Side door, 400 W. Morgan St., Jacksonville, IL, 62650 **(JT,O,NS)**

7-8:30PM The Ties that Bind, Harvard Park Baptist Church, Basement, 2401 S. 9th St., Springfield, IL, 62703 **(O,WC)**

TUESDAY

8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

NOON-12:30PM Just for Tuesday, Springfield, Illinois, **(JT,VM,WEB)**
<https://us04web.zoom.us/j/73059483134?pwd=boT3CVTH3jLAURbxNaMXady95Wufbk.1>

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM FIRE, First Christian Church, 101 N. Church St., Virden, IL, 62690

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

7:30-8:30PM Addicts Helping Addicts Group, Pawnee Food Pantry, 704 7th St., Pawnee, IL, 62558 **(O,WC,RF)**

WEDNESDAY

8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

THURSDAY

8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

7-8PM Free to Be Me Group (Best HG in USA), Masks required for in-person meeting, 2450 Taylor Ave., Springfield, IL, 62703 **(O,WC,HY)**
<https://us04web.zoom.us/j/3409381599>

FRIDAY

8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM Free to be Me Group, Harvard Park Baptist Church, Basement, 2401 S. 9th St., Springfield, IL, 62703 **(O,WC)**

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

7-8PM New Beginnings, Grace United Methodist Church, Side door, 400 W. Morgan St., Jacksonville, IL, 62650 **(CL,JT,O,NS)**

SATURDAY

8:30-9:30AM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

6-7PM A Way Out, First Presbyterian Church, Rear, basement, 116 E Franklin St, Taylorville, Illinois, United States **(JT,O)**

7-8:15PM 217 Group, 217 North Grand West, Springfield, IL, 62702 **(O,WC)**

MEETING FORMAT LEGEND

CL	Candlelight	HY	Hybrid Meeting
JT	Just for Today	NS	No Smoking
O	Open	RF	Rotating Format
VM	Virtual Meeting	WC	Wheelchair
WEB	Online Meeting		

Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

PHONE NUMBERS

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LIVING THE DREAM AREA

MEETING LIST

AUGUST 2025

24 HOUR HELPLINE

(800) 539-0475

<https://ltdana.org>

For other meetings outside of our area, see our regional website and directory at <https://illinoisna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 29

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

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