

SUNDAY	FRIDAY	PHONE NUMBERS
NOON-1PM 1HR Sunday Funday , 401 Empire St, Bloomington, Illinois, 61701 (O)	9-10:30AM 1.5HR NA Meeting , Rear Entrance, 1920 E. Oakland St. Matts Church, Bloomington, IL, (C,WC)	_____
7-8PM 1HR Turning Point , 712 West Locust Street, Bloomington, Illinois, 61701 (O)	6:20-7:20PM 1HR Lost and Found , 401 Empire St, Bloomington, Illinois, 61701 (C,O,WC)	_____
MONDAY	8-9:30PM 1.5HR NA Meeting , Rear Entrance, 1920 E. Oakland St. Matts Church, Bloomington, IL, (C,WC)	_____
9-10:30AM 1.5HR NA Meeting , Rear Entrance, 1920 E. Oakland St. Matts Church, Bloomington, IL,	SATURDAY	_____
6:20-7:20PM 1HR Lost and Found , 401 Empire St, Bloomington, Illinois, 61701 (O)	6:20-7:20PM 1HR Lost and Found , 401 Empire St, Bloomington, Illinois, 61701 (C,WC)	_____
TUESDAY	8-9:30PM 1.5HR NA Meeting , Rear Entrance, 1920 E. Oakland St. Matts Church, Bloomington, IL,	_____
6:20-7:20PM 1HR Lost and Found , 401 Empire St, Bloomington, Illinois, 61701 (C,WC)	SUGGESTIONS FOR EVERYONE	_____
WEDNESDAY	DON'T USE no matter what	_____
9-10:30AM 1.5HR NA Meeting , Rear Entrance, 1920 E. Oakland St. Matts Church, Bloomington, IL,	Come early and stay late	_____
6:20-7:20PM 1HR Lost and Found , 401 Empire St, Bloomington, Illinois, 61701 (O)	Get a home group	_____
THURSDAY	Go to 90 meetings in 90 days	_____
5:30-7PM 1.5HR NA Meeting , 601 E. Hickory, Streator, IL, 61364 (O)	Read NA literature daily	_____
6:20-7:20PM 1HR Lost and Found , 401 Empire St, Bloomington, Illinois, 61701 (O)	Get and use a sponsor	_____
	Use the PHONE	_____
	KEEP COMING BACK. IT WORKS!!!	_____

Twelve Steps of Narcotics Anonymous

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

Just for Today Living the Program

Tell Yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program, I will try to follow it to the best of my ability.

JUST FOR TODAY through N.A. I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way I have nothing to fear.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



CENTRAL ILLINOIS AREA MEETING LIST FEBRUARY 2026

**24 HOUR HELPLINE
1-800-539-0475**

<https://illinoisna.org>

**SUGGESTIONS FOR EVERYONE
DON'T USE no matter what**

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 14