

SUNDAY

1:45-3PM It Works How and Why, New Attitudes Recovery House, 830 Brown st, Alton, Il, 62002 **(O,RF,BK)**

2-3:15PM New Journey, Gateway Regional Medical Center, Pascal Hall, 2100 Madison Ave, Granite City, Il, 62040 **(O,RF)**

6-7:30PM Progress Not Perfection, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O,WC,BT)**

6-7:30PM Therapeutic Value, 623 Club, 120 N. Third St., Belleville, Il, 62220 **(O,WC)**

7-8:15PM H.O.W., St John's UCC, Parking & entrance on building's west side basement/ elevator, 307 Clay St, Collinsville, Il, 62234 **(WC,RF)**

MONDAY

6-7PM Early Evening Recovery, St. Cecilia Church, Use back entrance, 155 N Main St., Glen Carbon, Il, 62034 **(WC,RF)**

6-7:30PM Keep it Simple, Mount Olive Missionary Baptist Church, 1430 Summit Ave, East St. Louis, Il, 62269 **(BT)**

6-7PM Road 2 Recovery, Try Club, 609 Berkshire Blvd, East Alton, Il, 62024 **(O,WC,D,SPAD)**

6-7:30PM Women of Unconditional Love, Zoom 919 703 3327 Password ESTL569, 4046 Forest Blvd, East St. Louis, Il, 62204 **(O,RF,HY,W)**
<https://us02web.zoom.us/j/9197033327#success> *Hybrid meeting*

6:30-8PM It's Another Way Monday, Dial-in number (425) 436-6321 Access code 4831484, Madison, Il, 62060 **(JT,O,WC,RF,BK,VM)** *Phone / In Person Mask Required Parking In Rear*

6:30-7:30PM Our Message is Hope, Upper Alton Baptist Church, 2726 College Ave., Alton, Il, 62002 **(O,WC,BK,BT)**

7-8PM Monday Night Newcomers, Thrive Church, 2101 Cleveland Ave, Granite City, Il, 62040 **(O,BT)**

TUESDAY

6-7PM Brothers and Sisters, St. Paul Lutheran Church, Basement - Park In Rear Lot, 1327 Vaughn Road, Wood River, Il, 62095 **(O,WC)**

6-7:30PM Stepping N2 Recovery II, Bethany Place, 821 W A Street, Belleville, Il, 62220 **(WC,RF,BK)**

7-8:30PM A Day Clean, A Day Won, Our Lord Lutheran Church, 150 Wilma Drive, Maryville, Il, 62062 **(O,BK)**

7-8:30PM Free & Simple, Bluffview Christian center, 203 Richard Ave, Dupo, Illinois, 62239 **(O,RF,BT)**

7-8PM Principles Before Personalities, Thrive Church, 2101 Cleveland Blvd, Granite City, Il, 62040 **(O,RF,BK)**

7-8PM The Promise is Freedom, The Bridge Church, 504 East 12th St, Alton, Il, 62002 **(O,WC,RF,BK)**

7:30-9PM Strength In Numbers, 325 North Madison Street, Litchfield, Il, 62056 **(O,WC,RF)**

WEDNESDAY

NOON-1:30PM Continuing the Journey, New Life Church, 1919 State St., East St. Louis, Il, 62204 **(LC)**

NOON-1PM Midday NA, Next Network Building, 402 E Edward, Litchfield, 62056

NOON-1PM Spiritual Principles a Day Noon Meeting, Try Club, 609 Birkshire Blvd, East Alton, Illinois, 62024 **(O,SPAD)**

7-8:15PM Freedom to Change, New Song Fellowship, Entrance to the church via wheelchair ramp off St. Louis St, 201 Saint Louis St, Edwardsville, Il, 62035 **(O,WC,BK)**

7-8PM Green And Gold, Fairview Heights Food Pantry, look for Food Pantry entrance (Behind Police station), 10025 Bunkum Rd., Fairview Heights, Il, 62208 **(O,IW,BK)**

7-8:30PM Lost and Found, Try Club, 609 Berkshire, East Alton, Il, 62024 **(CL,O,WC)**

7-8:30PM Stepping stones to recovery, Word Of Life Tabernacle Church, please park in the back parking lot on the right side of the building and enter thru the double doors, 4870 Maryville road, Granite City, IL, **(O,RF,BK)**
please park in the back parking lot on the right side of the building and enter thru the double doors

7-8:30PM The Beginnings Group, First United Methodist Church, Side Door Entry, 3324 Old U.S. 50, Trenton, Il, 62293 **(O,WC,RF)**

7-8PM Trust the Process, Christway Church, This is a Hybrid meeting Zoom 857-356-480 Password: 652047, 1200 Airport Rd, Godfrey, Illinois, 62035 **(O,WC,RF,HY)**
<https://us04web.zoom.us/j/857356480?pwd=NXRyNzZWNGhldzNOVXpjNTdSR1UZZ09>

7:30-9PM Days Between, 623 Club, 864 0193 0210, 120 N. 3rd St, Belleville, Il, 62220 **(JT,O,WC,HY)**

THURSDAY

6-7:30PM A Spiritual Journey, New Antioch Missionary Baptist Church, 250 Lebanon Ave, Belleville, Il, 62220 **(O,RF)**

6-7PM At All Costs, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O,WC)**

6:30-7:30PM It's Another Way Thursday, Madison, **(O,WC,VM)**

7-8:30PM I Can't We Can, Thrive Church, 2101 Cleveland Blvd, Granite City, Il, 62040 **(O)**

7-8PM Recovery in Motion, Painters District Council, side entrance, 940 California Ave, Collinsville, Il, 62234 **(O,WC,RF,BK)**

7-8PM We Care We Share, The Bridge Church, 504 E. 12th St., Alton, Il, 62002 **(O,SG,WC,BK)**

FRIDAY

6-7:30PM A Positive Move, New Day Recovery Club, 4046 Forest Blvd, East St. Louis, Il, 62204 **(O,RF,BK,SD)**

7-8:30PM H. O. W. To Recover, EDEN CHURCH OF CHRIST, NOW Downstairs in Basement, 903 N. 2nd Street., Edwardsville, Il, 62025 **(CL,O,WC)**

7-8:30PM Stepping N2 Recovery II, Bethany Place, 821 W A Street, Belleville, Il, 62220 **(O,WC,RF,BK)**

7-8:30PM Strength and Hope by Candlelight, Try Club, 609 Berkshire, East Alton, Il, 62024 **(CL,O,WC,BT)**

SATURDAY

10:30-NOON Gonzo for Recovery, St Mary's Church, Location in the cafeteria unless other wise noted, 1802 Madison Ave, Edwardsville, Il, 62025 **(O,RF,HY)**
<https://us02web.zoom.us/j/7469626502?pwd=VCtvMzdJdzVERWntNitMcjR3WUw1dz09>

NOON-1PM A Safe Place, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O,WC)**

2-3PM A New way to live, The Trailer, Known as O'Fallon Trailer Group, 108 Carbon Hill Rd, O'Fallon, Il, 62269 **(O,RF,BK)**

3-4:30PM Experience Strength & Hope, New Day, 4046 Forest Blvd, East St. Louis, Il, 62204 **(BT)**

5-6PM Saturday Evening Experience, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O)**

6-7PM A Work in Progress, Pascal Hall, Gateway Regional Medical Center, 2120 Madison Ave, Granite City, Illinois, 62040 **(RF,BK)**

6-7PM Learning to live, Unity Spiritual Center, Enter through basement door in the back, 700 W Clay St., Collinsville, Illinois, 62234 **(O,RF)**

7-8:30PM Restoration to Sanity, First Christian Church, Park in Rear Room 114, 724 East Bethalto Blvd., Bethalto, Il, 62010 **(O,BT)**

MEETING FORMAT LEGEND			
BK	Book Study	BT	Basic Text
CL	Candlelight	D	Discussion
HY	Hybrid Meeting	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
O	Open	RF	Rotating Format
SD	Speaker/Discussion	SG	Step Working Guide
SPAD	A Spiritual Principle a Day	VM	Virtual Meeting
W	Women	WC	Wheelchair

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PHONE NUMBERS

[illegible][illegible]

METRO EAST AREA

MEETING LIST

APRIL 2024

24 HOUR HELPLINE

(800) 539-0475

<https://metroeastna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 47