

SUNDAY

NOON-1:30PM Women Recover, 623 Alano Club, 120 N. 3rd St., Belleville, Illinois, 62220 **(C,RF,W)**

1:45-3PM It Works How and Why, New Attitudes Recovery House, Back Door / Rear Parking Lot, 830 Brown st, Alton, IL, 62002 **(O,RF,BK)**

2-3:15PM New Journey, Gateway Regional Medical Center, Pascal Hall, 2100 Madison Ave, Granite City, IL, 62040 **(O,RF)**

6-7PM A simple Way, First Penecostal Church, 219 N. Oak St., Nokomis, Illinois, 62075 **(O,BT,CL,IW,RF,SD,W,WC,BK,ME,LC)**

6-7:30PM Progress Not Perfection, Try Club, 609 Berkshire, East Alton, IL, 62024 **(O,BT,WC)**

6-7:30PM Therapeutic Value, 623 Club, 120 N. Third St., Belleville, IL, 62220 **(O,WC)**

7-8:15PM H.O.W., St John's UCC, Parking & entrance on building's west side basement/ elevator, 307 Clay St, Collinsville, IL, 62234 **(RF,WC)**

MONDAY

6-7PM Early Evening Recovery, St. Cecilia Church, Use back entrance, 155 N Main St., Glen Carbon, IL, 62034 **(RF,WC)**

6-7:30PM Keep it Simple, Mount Olive Missionary Baptist Church, 1430 Summit Ave, East St. Louis, IL, 62269 **(BT)**

6-7:30PM Monday Night RAW, The Center, across the street from the Net Church, 1250 S. Hackman St., Staunton, Illinois, 62088 **(O,BT,JT,BK,LC)**

6-7PM Road 2 Recovery, Try Club, 609 Berkshire Blvd, East Alton, IL, 62024 **(O,D,WC,SPAD)**

6-7:30PM Women of Unconditional Love, Zoom 919 703 3327 Password ESTL569, 4046 Forest Blvd, East St. Louis, IL, 62204 **(O,RF,W,HY)**

<https://us02web.zoom.us/j/9197033327#success> Hybrid meeting

6:30-8PM It's Another Way Monday, Dial-in number (425) 436-6321 Access code 4831484, Madison, IL, 62060 **(O,JT,RF,WC,BK,VM)** Phone / In Person Mask Required Parking In Rear

7-8PM Monday Night Newcomers, Thrive Church, 2101 Cleveland Ave, Granite City, IL, 62040 **(O,BT)**

7-8:30PM We Found HOPE, HSHS St. Joseph Hospital, Medical Office Building, 12866 Troxler Ave., Highland, Illinois, 62249 **(O,WC,BK)**

7:30-8:30PM Our Message is Hope, Upper Alton Baptist Church, 2726 College Ave., Alton, IL, 62002 **(O,BT,WC,BK)**

TUESDAY

12:15-1:15PM Side Step -N-, Bethel Church, 480 E. Airline Dr., East Alton, Illinois, 62024 **(O,BT,SD,SG,WC)**

6-7:30PM Brothers and Sisters, St. Paul Lutheran Church, Basement - Park In Rear Lot, 1327 Vaughn Road, Wood River, IL, 62095 **(O,WC)**

6-7:30PM Stepping N2 Recovery II, Bethany Place, 821 W A Street, Belleville, IL, 62220 **(RF,WC,BK)**

7-8:30PM A Day Clean, A Day Won, Our Lord Lutheran Church, 150 Wilma Drive, Maryville, IL, 62062 **(O,BK)**

7-8PM Principles Before Personalities, Gateway Medical Center, Pascal Hall, 2100 Madison Ave., Granite City, Illinois, 62040 **(O,BT,JT,RF,WC)**

7-8PM The Promise is Freedom, The Bridge Church, 504 East 12th St, Alton, IL, 62002 **(O,RF,WC,BK)**

7:30-9PM Strength In Numbers, 325 North Madison Street, Litchfield, IL, 62056 **(O,RF,WC)**

WEDNESDAY

NOON-1:30PM Continuing the Journey, New Life Church, 1919 State St., East St. Louis, IL, 62204 **(LC)**

NOON-1PM Midday NA, Next Network Building, 402 E Edward, Litchfield, 62056

NOON-1PM Sprititual Principles a Day Noon Meeting, Try Club, 609 Birkshire Blvd, East Alton, Illinois, 62024 **(O,SPAD)**

6-7:30PM WE'RE IN THIS TOGETHER, Old Presbyterian Church, 203 N 3rd St., Witt, Illinois, 62094 **(O,BT,RF,WC,BK,LC)**

6:30-7:30PM From Darkness Comes Light, Memorial Christian Church, 410 E. 1st North, Carlinville, Illinois, 62626 **(O)**

7-8:15PM Freedom to Change, Old Post Office, Next to the Bus Station Downtown, 201 Hillsboro Ave., Edwardsville, IL, 62025 **(O,BK)**

7-8PM Green And Gold, Fairview Heights Food Pantry, look for Food Pantry entrance (Behind Police station), 10025 Bunkum Rd., Fairview Heights, IL, 62208 **(O,IW,BK)**

7-8:30PM Lost and Found, Try Club, 609 Berkshire, East Alton, IL, 62024 **(O,CL,WC)**

7-8:30PM Stepping stones to recovery, Word Of Life Tabernacle Church, please park in the back parking lot on the right side of the building and enter thru the double doors, 4870 Maryville road, Granite City, IL, 62024 **(O,RF,BK)**

7-8:30PM The Beginnings Group, First United Methodist Church, Side Door Entry, 3324 Old U.S. 50, Trenton, IL, 62293 **(O,RF,WC)**

7-8PM Trust the Process, Christway Church, This is a Hybrid meeting Zoom 857-356-480 Password: 652047, 1200 Airport Rd, Godfrey, Illinois, 62035 **(O,RF,WC,HY)**
<https://us04web.zoom.us/j/857356480?pwd=NXRyNzZWNGhldzNOVXpjNTdSR1IUZZ09>

7:30-9PM Days Between, 623 Club, 864 0193 0210, 120 N. 3rd St, Belleville, IL, 62220 **(O,JT,WC,HY)**

THURSDAY

6-7:30PM A Spiritual Journey, New Antioch Missionary Baptist Church, 250 Lebanon Ave, Belleville, IL, 62220 **(O,RF)**

6-7PM At All Costs, Try Club, 609 Berkshire, East Alton, IL, 62024 **(O,WC)**

6:30-7:30PM It's Another Way Thursday, Madison, **(O,WC,VM)**

6:30-7:30PM The Under Ground (Haven), Haven Home of Hope, 205 Pleasant St., Hillsboro, Illinois, 62049 **(O,WC)**

7-8PM Fast Forgetters, New Attitudes Recovery House, Back Door / Rear Parking Lot, 830 Brown St., Alton, Illinois, 62002 **(O)**

7-8:30PM I Can't We Can, Thrive Church, 2101 Cleveland Blvd, Granite City, IL, 62040 **(O)**

7-8:15PM Recovery in Motion, Painters District Council, side entrance, 940 California Ave, Collinsville, IL, 62234 **(O,RF,WC,BK)**

7-8PM We Care We Share, The Bridge Church, 504 E. 12th St., Alton, IL, 62002 **(O,SG,WC,BK)**

FRIDAY

6-7:30PM A Positive Move, New Day Recovery Club, 4046 Forest Blvd, East St. Louis, IL, 62204 **(O,RF,SD,BK)**

6-7:30PM Stepping N2 Recovery II, Bethany Place, 821 W A Street, Belleville, IL, 62220 **(O,RF,WC,BK)**

7-8:30PM Back to the Basics, 422 E. Union Ave., Litchfield, Illinois, 62056 **(O)**

7-8:30PM Fight for freedom, Holy Family Church, 2606 Washington Ave, Granite City, IL, 62040 **(O,BT,JT,RF,SD,OE)**

7-8:30PM H. O. W. To Recover, EDEN CHURCH OF CHRIST, NOW Downstairs in Basement, 903 N. 2nd Street., Edwardsville, IL, 62025 **(O,CL,WC)**

7-8:30PM Just For Tonight, St. John's Church, 307 W. Clay St., Collinsville, Illinois, 62234 **(O,RF)**

7-8:30PM Strength and Hope by Candlelight, Try Club, 609 Berkshire, East Alton, IL, 62024 **(O,BT,CL,WC)**

SATURDAY

10:30-NOON Gonzo for Recovery, St Mary's Church, Location in the cafeteria unless other wise noted, 1802 Madison Ave, Edwardsville, IL, 62025 **(O,RF,HY)**
<https://us02web.zoom.us/j/7469626502?pwd=VCtvMzdJdzVERWNTNitMcjR3WUw1dz09> meeting is now held in the adult education room

NOON-1:30PM A Safe Place, Try Club, 609 Berkshire, East Alton, IL, 62024 **(O,WC)**

2-3PM A New way to live, 108 Carbon Hill Rd, O'Fallon, IL, 62269 **(O,RF,BK)**

3-4:30PM Experience Strength & Hope, New Day, 4046 Forest Blvd, East St. Louis, IL, 62204 **(BT)**

5-6:30PM Recovery En Espanol, 623 Club, 120 N. 3rd St., Belleville, Illinois, 62220 **(O,ES)**

5-6PM Saturday Evening Experience, Try Club, 609 Berkshire, East Alton, IL, 62024 **(O)**

6-7PM A Work in Progress, Pascal Hall, Gateway Regional Medical Center, 2120 Madison Ave, Granite City, Illinois, 62040 **(RF,BK)**

6-7PM Learning to live, Unity Spiritual Center, Enter through basement door in the back, 700 W Clay St., Collinsville, Illinois, 62234 **(O,RF)**

7-8:30PM Restoration to Sanity, First Christian Church, Park in Rear Room 114, 724 East Bethalto Blvd., Bethalto, IL, 62010 **(O,BT)**

8-9:30PM Read the Black Part, St. Boniface Catholic Church, Take outside stairs below the main office, parking in the back., 110 North Buchanan St., Edwardsville, Illinois, 62025 **(O,BT,BK)**

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
ES	Español	IW	It Works -How and Why
JT	Just for Today	O	Open
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	W	Women
WC	Wheelchair	OE	Open-Ended
BK	Book Study	ME	Meditation
LC	Living Clean	VM	Virtual Meeting
HY	Hybrid Meeting	SPAD	A Spiritual Principle a Day

PHONE NUMBERS**PHONE NUMBERS**



FEBRUARY 2026

24 HOUR HELPLINE
(800) 539-0475

METRO EAST AREA

MEETING LIST

[**https://metroeastna.org**](https://metroeastna.org)

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 60