

## SUNDAY

**4:30-6PM 1.5HR Area Last Sunday of every Month except December!,**

Carterville Lions Club, 300 East Illinois Ave, Carterville, Il, 62918

**7-8PM 1HR By the Book Group,** Carterville Lions Club, 300 East Illinois Avenue, Carterville, Illinois, 62918 **(O,WC)**

## MONDAY

**7-8:15PM 1.25HR The Journey**

**Continues,** Zion United Church of Christ, 930 West Cherry Street, Marion, Illinois, 62959 **(O)**

## TUESDAY

**7-8PM 1HR Recovery is Real Group,** Dear Run (Perry County Counseling Center), 1016 S. Madison St, DuQuoin, IL, 62832 **(O,WC)**

**7-8PM 1HR Tuesday Forever Group,** 215 West Jackson Street, Sparta, IL, 62286 **(O)**

**7:30-8:30PM 1HR Second Chance,** Center for Independent Living, 2135 West Ramada Lane, Carbondale, Illinois, 62901 **(O,WC)**

## WEDNESDAY

**7-8:15PM 1.25HR Great Escape Group,** Sneed Apartment, 215 South McKinley,, Harrisburg, Il, 62946 **(BK)**

**7-8PM 1HR Saturday Night Live on**

**Wednesday's,** Herrin House of Hope, 112 N 14th Street, Herrin, IL, 62948

## THURSDAY

**7-8PM 1HR Helping Hands Group,**

Pinckneyville Community Center, 203 North Walnut Street, Pinckneyville, Illinois, 62274 **(O)**

**7-8:15PM 1.25HR The Journey**

**Continues Group,** Zion United Church of Christ, 930 West Cherry Street, Marion, Illinois, 62959 **(O)**

## FRIDAY

**7-8:15PM 1.25HR The Great Escape**

**Group,** Sneed Apartments, 215 S McKinley St, Harrisburg, IL 62946, Harrisburg, IL, 62946

**7:30-8:30PM 1HR Second Chance,** Center for Independent Living, 2135 West Ramada Lane, Carbondale, Illinois, 62901 **(O,WC)**

## SATURDAY

**10-11AM 1HR Saturday Survivors Group,**

Location is in a house, 215 West Jackson Street, Sparta, IL, 62286 **(O,WC)**

**NOON-1:15PM 1.25HR The Journey**

**Continues Group,** Zion United Church of Christ, 930 West Cherry Street, Marion, Il, 62959

**6-7:15PM 1.25HR Saturday Night Live**

**Group,** Fellowship of Life Christ Church, 1204 Pin Oak Drive, Carterville, Illinois, 62918 **(O)**

## MEETING FORMAT LEGEND

O	Open	WC	Wheelchair
BK	Book Study		

## SERVICE MEETINGS

## What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

*Basic Text, page 65*

## Just for Today Living the Program

Tell Yourself:

**JUST FOR TODAY my thoughts will be  
on my recovery, living and enjoying life  
without the use of drugs.**

**JUST FOR TODAY I will have faith in  
someone in N.A. who believes in me  
and wants to help me in my recovery.**

**JUST FOR TODAY I will have a program,  
I will try to follow it to the best of my  
ability.**

**JUST FOR TODAY through N.A. I will tr  
to get a better perspective on my life.**

**JUST FOR TODAY I will be unafraid, my  
thoughts will be on my new  
associations, people who are not using  
and who have found a new way of life.  
So long as I follow that way I have  
nothing to fear.**

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



**RIVER 2 RIVER AREA  
MEETING LIST  
FEBRUARY 2026**

**24 HOUR HELPLINE  
1-800-539-0475**

**<https://river2riverna.com>**

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what

**Ask your Higher Power** to keep you clean

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 15