SUNDAY

4:30-6PM 1.5HR Area Last Sunday of every Month except December!,

Carterville Lions Club, 300 East Illinois Ave, Carterville, II, 62918

7-8PM 1HR By the Book Group, Carterville Lions Club, 300 East Illinois Avenue, Carterville, Illinois, 62918 **(O,WC)**

MONDAY

7-8:15PM 1.25HR The Journey
Continues, Zion United Church of Christ,
930 West Cherry Street, Marion, Illinois,
62959 (O)

TUESDAY

7-8PM 1HR Recovery is Real Group, Dear Run (Perry County Counseling Center), 1016 S. Madison St, DuQuoin, IL, 62832 **(O,WC)**

7-8PM 1HR Tuesday Forever Group, 215 West Jackson Street, Sparta, IL, 62286 **(O)**

7:30-8:30PM 1HR Second Chance, Center for Independent Living, 2135 West Ramada Lane, Carbondale, Illinois, 62901 (O,WC)

WEDNESDAY

7-8:15PM 1.25HR Great Escape Group, Sneed Apartment, 215 South McKinley,, Harrisburg, II, 62946 **(BK)** **7-8PM 1HR Saturday Night Live on Wednesday's**, Herrin House of Hope, 112 N

THURSDAY

14th Street, Herrin, IL, 62948

7-8PM 1HR Helping Hands Group,
Pinckneyville Community Center, 203 North
Walnut Street, Pinckneyville, Illinois, 62274 **(O)**

7-8:15PM 1.25HR The Journey
Continues Group, Zion United Church of
Christ, 930 West Cherry Street, Marion,
Illinois, 62959 (O)

FRIDAY

7-8:15PM 1.25HR The Great Escape

Group, Sneed Apartments, 215 S McKinley St, Harrisburg, IL 62946, Harrisburg, IL, 62946

7:30-8:30PM 1HR Second Chance, Center for Independent Living, 2135 West Ramada Lane, Carbondale, Illinois, 62901 (O,WC)

SATURDAY

10-11AM 1HR Saturday Survivors Group, Location is in a house, 215 West Jackson Street, Sparta, IL, 62286 (O,WC)

NOON-1:15PM 1.25HR The Journey Continues Group, Zion United Church of Christ, 930 West Cherry Street, Marion, II, 62959

6-7PM 1HR Saturday Night Live Group,

Fellowship of Life Christ Church, 1204 Pin Oak Drive, Carterville, Illinois, 62918 (0)

	MEETING FORMAT LEGEND			
ВК	Book Study	0	Open	
WC	Wheelchair			

SERVICE MEETINGS

PHONE NUMBERS				

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

Just for Today Living the Program

Tell Yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program, I will try to follow it to the best of my ability.

JUST FOR TODAY through N.A. I will tr to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way I have nothing to fear.

Twelve Steps of Narcotics Anonymous

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



RIVER 2 RIVER AREA MEETING LIST NOVEMBER 2025

24 HOUR HELPLINE 1-800-539-0475

https://river2riverna.com

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 15