

SUNDAY

4:30-6PM 1.5HR Area Last Sunday of every Month except December!,

Carterville Lions Club, 300 East Illinois Ave, Carterville, IL, 62918

7-8PM 1HR By the Book Group, Carterville Lions Club, 300 East Illinois Avenue, Carterville, Illinois, 62918 **(O,WC)**

MONDAY

7-8:15PM 1.25HR The Journey

Continues, Zion United Church of Christ, 930 West Cherry Street, Marion, Illinois, 62959 **(O)**

TUESDAY

7-8PM 1HR Recovery is Real Group, Dear Run (Perry County Counseling Center), 1016 S. Madison St, DuQuoin, IL, 62832 **(O,WC)**

7-8PM 1HR Tuesday Forever Group, 215 West Jackson Street, Sparta, IL, 62286 **(O)**

7:30-8:30PM 1HR Second Chance, Center for Independent Living, 2135 West Ramada Lane, Carbondale, Illinois, 62901 **(O,WC)**

WEDNESDAY

7-8:15PM 1.25HR Great Escape Group, Sneed Apartment, 215 South McKinley,, Harrisburg, IL, 62946 **(BK)**

7-8PM 1HR Saturday Night Live on

Wednesday's, Herrin House of Hope, 112 N 14th Street, Herrin, IL, 62948

THURSDAY

7-8PM 1HR Helping Hands Group, Pinckneyville Community Center, 203 North Walnut Street, Pinckneyville, Illinois, 62274 **(O)**

7-8:15PM 1.25HR The Journey

Continues Group, Zion United Church of Christ, 930 West Cherry Street, Marion, Illinois, 62959 **(O)**

FRIDAY**7-8:15PM 1.25HR The Great Escape**

Group, Sneed Apartments, 215 S McKinley St, Harrisburg, IL 62946, Harrisburg, IL, 62946

7:30-8:30PM 1HR Second Chance, Center for Independent Living, 2135 West Ramada Lane, Carbondale, Illinois, 62901 **(O,WC)**

SATURDAY

10-11AM 1HR Saturday Survivors Group, Location is in a house, 215 West Jackson Street, Sparta, IL, 62286 **(O,WC)**

NOON-1:15PM 1.25HR The Journey

Continues Group, Zion United Church of Christ, 930 West Cherry Street, Marion, IL, 62959

6-7:15PM 1.25HR Saturday Night Live

Group, Fellowship of Life Christ Church, 1204 Pin Oak Drive, Carterville, Illinois, 62918 **(O)**

MEETING FORMAT LEGEND

O	Open	WC	Wheelchair
BK	Book Study		

SERVICE MEETINGS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

Basic Text, page 65

Just for Today Living the Program

Tell Yourself:

**JUST FOR TODAY my thoughts will be
on my recovery, living and enjoying life
without the use of drugs.**

**JUST FOR TODAY I will have faith in
someone in N.A. who believes in me
and wants to help me in my recovery.**

**JUST FOR TODAY I will have a program,
I will try to follow it to the best of my
ability.**

**JUST FOR TODAY through N.A. I will try
to get a better perspective on my life.**

**JUST FOR TODAY I will be unafraid, my
thoughts will be on my new
associations, people who are not using
and who have found a new way of life.
So long as I follow that way I have
nothing to fear.**

Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



**RIVER 2 RIVER AREA
MEETING LIST
FEBRUARY 2026**

**24 HOUR HELPLINE
1-800-539-0475**

<https://river2riverna.com>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 15